Discovery Camp
AT VALLEY FORGE

Survival Guide

Jessica McDermott
Camp Manager
215.448.1133
jmcdermott@fi.edu

Group Sales
Registration
215.448.1200 (option 5)
For tax reporting purposes, our tax ID# is 23-1370501

Dear Parents and Guardians,

Hello and welcome to Discovery Camp at Valley Forge! This booklet was created to provide you with all the information you need about your child’s upcoming camp experience, so don’t skip a page! You can also find this Survival Guide on our website at www.fi.edu/Discovery. Read over all of the enclosed information very carefully. Please keep it close at hand, as you may need to refer to it again.

HOW TO CONTACT US:

If at any time during Camp, you need to get in contact with your child or the Camp Manager, please call any of the following numbers:

Jessica McDermott, Camp Manager
215-448-1133

Charles Muhler, Camp Supervisor
215-448-1108

NOTE: It may be difficult to reach us by telephone during camp hours, as it is often necessary that we be in different areas of the Park. However, we do check our voice mail throughout the day. In the event of an EMERGENCY, call call our main security at 215.448.1311 and ask for Museum Security to page Discovery Camp over the walkie talkie.

If you have any questions after reading this Survival Guide, please call or email us at discovery.camp@fi.edu. We look forward to seeing you in 2014!

Sincerely,

Jessica McDermott
Camp Manager

ENCLOSED YOU WILL FIND:
- General Information............................ 2-3
- Outdoor Safety.................................... 4
- Permission and Information Form........ 5-6 (to be returned)
- Directions to Valley Forge................. 7

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DROP OFF AND PICK UP

On most days, camp drop off and pick up will be located at the Education Center, which is located at 1400 N Outer Line Dr, King of Prussia, PA 19406 in the upper Visitor Center parking lot. Discovery Camp staff will be stationed outside of the Education Center to sign in your camper(s). Some days we may ask that you pick up your camper at Washington's Headquarters located on Gulph Road (Route 23) near the junction of Valley Creek Road (Route 252). Parents will be notified in advance of this change in location.

GPS coordinates for the park are:
N 40 degrees 6.109'
W 75 degrees 25.342'

DROP OFF is between 9:00 AM and 9:15 AM. Upon arrival, sign your child in with the staff member stationed at the Education Center. We make every effort to ensure that this process runs as quickly as possible, but we ask for your patience, as each parent will be asked to verify the names of adults they have authorized to pick up their child(ren). Having your Permission and Information Form submitted ahead of time will help to expedite your first day sign-in process.

PICK-UP is between 4:00 PM and 4:15 PM. You must sign your child out each day before leaving the grounds. Any authorized adult picking up your child MUST HAVE A PICTURE ID. Your child will not be released to an adult not on your authorized release list or to anyone that does not have a picture ID. Please check the sign-in sheets to make sure the person picking up your camper(s) is listed. Your child's safety is our primary concern.

EXTENDED DAY CARE:

NOTE: Campers not registered for Early Care or Late Care will automatically be charged an extended-day fee of $15 per day should they arrive before 8:45 AM or leave after 4:15 PM.

If no one has picked up your child by 5:30 PM, we will call all people you have listed as emergency contacts. The late fee is $1 per minute.

SCHEDULES

You will receive a weekly schedule for your child’s camp experience, which will include daily activity themes, hike requirements and presentations. Please keep in mind that due to the outdoor nature of this program, schedules may change because of weather or special park opportunities.

REQUIRED:
- A hearty lunch that does not require refrigeration
- Labeled, refillable water bottle (at least 24 oz)
- Lightweight backpack
- Sunscreen
- Rain gear on rainy days
- Sturdy walking shoes that won't give your child blisters (closed toe)

DISCOURAGED:
- Valuable items
- Cell phones
- Electronic Devices

RECOMMENDED:
- Hat
- Sunglasses
- Bug repellent
- Change of clothes
- Binoculars
- Magnifying glass
- Packing lunch in reusable, light lunch containers
- Extra snacks

PERMISSION AND HEALTH FORMS

The following pages contain forms for you to return to us. Please return Permission and Information Form to:

Discovery Camp
The Franklin Institute
222 N. 20th Street
Philadelphia, PA 19103

Or fax to: 215.448.1235
Or email to: discovery.camp@fi.edu
FOOD
There are some activities that will involve the use of foods (for example, designing an egg drop parachute or conducting a food preservation experiment). Please be sure to address ALL allergy concerns and dietary restrictions on your Permission and Information Form. For the safety of our campers, NO OUTSIDE FOOD is to be shared with other campers. Please refrain from bringing any birthday snacks or shared foods. A PERMISSION AND INFORMATION FORM FROM THE CURRENT CALENDAR YEAR MUST BE ON FILE FOR YOUR REGISTRATION TO BE FULLY PROCESSED.

LUNCH: Please send your camper with a packed lunch each day. We do not have the ability to heat or refrigerate food. Remember your child will be hiking outdoors most of the day. A small afternoon snack will be provided but we recommend packing a hearty lunch and extra snacks.

SNACK: Campers will be provided with a snack each day. Snack is typically crackers, fruit, or pretzels. If your child will not want or cannot have this type of snack, please pack an alternative. We provide nut-free snacks and encourage frequent hand-washing.

CLOTHING
Dress your camper comfortably and appropriately for the day’s weather forecast. If your child is extra sensitive to mosquito bites or poison ivy we recommend they dress in long pants. Label everything with your child’s name. Remember, this camp is all about being outside, even when it rains. It’s better to be prepared than uncomfortable!

We will do all we can to keep activities clean…but sometimes the best part of science is getting a little messy.

DAILY MEDICATION
If your camper needs them, please send only medicines that absolutely must be taken during camp hours (i.e. if it can be taken before or after camp, please make all efforts to do so). Required medication must be placed in a Ziploc bag and clearly labeled with both the child’s name and dosage. Please include the details explaining what the medication is for, when and how it should be taken, and any specific storage information. If medication must be taken during camp hours, please notify the Camp Director prior to your child’s first day of camp. This ensures that the staff are aware of your child’s needs. We ask that you talk to your child’s counselor (or the staff member present when you drop off the medication) regarding your child’s safe use of the medication. We do not distribute ANY medication without parental consent.

REFUND POLICY
When a camp registration is cancelled by the camper(s) and/or the family, a refund will be provided only if we receive notification two weeks in advance. We will, however, retain 5% of the total registration fees for processing costs. No refunds will be given for cancellations made less than two weeks in advance.

BEHAVIOR EXPECTATION POLICY
Discovery Camp has basic rules of behavior, including respecting others, nature and camp materials. These rules are reviewed with the campers each day before the start of camp. Disrespectful behavior, foul or hurtful language and violence will not be tolerated. Discovery Camp reserves the right to ask campers not to return to camp.

Discovery Camp at Valley Forge enforces the “Leave No Trace” practices, which includes not littering, not disturbing wildlife or damaging natural or historical resources such as plants, trails or artifacts.

Additionally, Discovery Camp will be held in a National Park and campers will be given the opportunity to participate in activities not normally available to the general public. Campers will be expected to follow the rules and guidelines of the park.
TICKS
We will spend most of our day outdoors. Please check your camper each day for ticks. For more information on ticks and tick bites, visit the Center for Disease Control website at http://www.cdc.gov/ticks/

POISON IVY
Poison ivy contains an oily substance called urushiol oil – this is what causes an allergic reaction and associated rash in humans – the most common allergy in the country. Here are some common myths about Poison Ivy.

<table>
<thead>
<tr>
<th>MYTH</th>
<th>FACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poison Ivy rash is contagious.</td>
<td>Rubbing the rashes won’t spread poison ivy to other parts of your body (or to another person). You spread the rash only if urushiol oil -- the sticky, resinlike substance that causes the rash -- has been left on your hands.</td>
</tr>
<tr>
<td>You can catch poison ivy simply by being near the plants</td>
<td>Direct contact is needed to release urushiol oil. Stay away from forest fires, direct burning, or anything else that can cause the oil to become airborne such as a lawnmower, trimmer, etc.</td>
</tr>
<tr>
<td>Do not worry about dead plants</td>
<td>Urushiol oil stays active on any surface, including dead plants, for up to 5 years.</td>
</tr>
<tr>
<td>Breaking the blisters releases urushiol oil that can spread</td>
<td>Not true. But your wounds can become infected and you may make the scarring worse. In very extreme cases, excessive fluid may need to be withdrawn by a doctor.</td>
</tr>
<tr>
<td>I’ve been in poison ivy many times and never broken out. I’m immune.</td>
<td>Not necessarily true. Upwards of 90% of people are allergic to urushiol oil, it’s a matter of time and exposure. The more times you are exposed to urushiol, the more likely it is that you will break out with an allergic rash.</td>
</tr>
</tbody>
</table>

You can find more information about Poison Ivy and other poisonous plants at the Center for Disease Control website http://www.cdc.gov/niosh/topics/plants/. For specific questions or concerns, please contact Discovery Camp.
A CURRENT PERMISSION & INFORMATION FORM FROM THE CALENDAR YEAR MUST BE ON FILE FOR YOUR REGISTRATION TO BE PROCESSED. Please complete a separate form for each child attending camp. Thank you!

Dates your camper will be attending:________________________________________________________

CAMPER INFORMATION
Child’s Name__________________________________________Current Grade / Grade entering___________
Parents/ Guardian Names_______________________________________________________________
Operations or serious injuries (dates)________________________________________________________________________
Chronic or recurring illness(es)________________________________________________________________________
Comments__________________________________________________________________________________________

Dietary Restrictions_________________________________________________________________________________

Current medications_______________________________________________________________________________

Allergies: (Please note whether the allergy is ingested or contact allergies)______________________________

Does your child carry an Epi-Pen? Y or N if Yes, what is the allergy?______________________________

Please include a copy of your child’s Allergy Action Plan.

SPECIAL NEEDS
Please list any mobility accommodations:__________________________________________________________

Learning ability/developmental needs:

☐ Autism/Asperger’s ☐ ODD/PDD
☐ ADD/ADHD ☐ Other: _______________________________________________________________

Does your child require wraparound services during the school year? If yes, will they be attending camp with the child? If no, what are some helpful support strategies? ________________________________________________________________________

Comments ______________________________________________________________________________________

FIELD TRIP RELEASE
I grant permission for my child(ren) to participate in field trips during the camp day. Parents will be informed of all field trips in advance.

☐ Yes. ☐ Yes, but only for walking field trips. ☐ No, I do not.

PHOTO RELEASE
I grant permission for my child(ren) to be photographed during Camp. I fully understand that these photos may be used for our Camp newsletter or for advertising purposes.

☐ Yes, I do. ☐ No, I do not.

UNACCOMPANIED DEPARTURE (Campers 12 and over only)
I grant permission for my child(ren) to leave the facilities unaccompanied (either by walking or taking public transportation) at the end of Camp at 4:00 PM. Valley Forge National Historic Park ☐ Yes, I do. ☐ No, I do not.

The Franklin Institute ☐ Yes, I do. ☐ No, I do not.
CONTACT INFORMATION
Parents/Guardian ______________________ Phone _______________ Cell Phone _______________
Email Address that is checked regularly_____________________________________________________
Parents/Guardian ______________________ Phone _______________ Cell Phone _______________
Email Address that is checked regularly_____________________________________________________
Alternative Contact ______________________ Phone _______________ Cell Phone _______________

ALTERNATIVE DEPARTURE
Please list anyone who will actually pick up your child(ren). Only these names will be allowed to pick up. All adults authorized for release must still present a photo ID at pick up. I grant permission for my child(ren) to leave with the following adult guardians other than myself:

Name: ______________________ Phone: ______________________
Name: ______________________ Phone: ______________________

RELEASE

I / We, (Parents / Guardian name), ______________________, being the parent(s) or legal guardian(s) for, ______________________, hereby give The Franklin Institute (TFI) staff permission to administer basic first aid when applicable, including the treatment of minor cuts, scrapes, burns (including sunburns) and stings. Medication will not be administered by TFI staff at any time. I hereby give permission to medical personnel and Emergency Medical Services selected by the staff of TFI to provide transportation and treatments, including X-rays and routine tests, for my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician/hospital where my child is transported to secure and administer treatment, including hospitalization and surgery, for my child. The completed forms may be photocopied for trips out of camp. I agree to assume financial responsibility for all medical and hospital expenses.

On behalf of the child / minor, I hereby release, discharge, and hold harmless, The Franklin Institute, and their officers, trustees, agents, and employees from and against all losses, claims, actions, costs, expenses and/or damages, including attorney fees, arising out of my / our child’s participation in The Franklin Institute’s Discovery Camp, except for the willful misconduct or gross negligence of The Franklin Institute.

I / We have carefully read this release prior to its execution and I / we fully understand its contents.

______________________________        ________________
Signature of Parent /Guardian          Relationship to Child

______________________________
Date

Please return Permission and Information Form to:
Discovery Camp
The Franklin Institute
222 N. 20th Street
Philadelphia, PA 19103
Or fax to: 215.448.1235
Or email to: discovery.camp@fi.edu

A CURRENT PERMISSION & INFORMATION FORM FROM THE CALENDAR YEAR MUST BE ON FILE FOR YOUR REGISTRATION TO BE PROCESSED.
Directions to Park Entrance

From Philadelphia, New Jersey and points southeast, via I-76 Schuylkill Expressway west:
- I-76 Schuylkill Expressway west to Exit 328A
- Stay Right and merge onto US 422 west
- Take Valley Forge exit onto Route 23 west
- Turn left at exit ramp, merge to the center lane
- Park entrance is straight through the first set of traffic lights (at intersection with N. Gulph Road)

From Baltimore, Wilmington, DE, and points southeast, via US 202 north:
- US 202 north to US 422 west
- US 422 west to Route 23 west (1.8 miles)
- Turn left at the exit ramp and merge to the center lane
- Park entrance is straight ahead

From New York and points northeast, via the Pennsylvania Turnpike:
- I-276 Pennsylvania Turnpike west to Exit 326
- Exit 326 for Valley Forge **Use the right side of the tollbooth
- Turn Right at N. Gulph Road immediately after the tollbooth
- Travel on N. Gulph Road (1.8 miles)
- Park entrance is on the left at the Route 23 traffic light

From Harrisburg and points west, via the Pennsylvania Turnpike:
- I-76 Pennsylvania Turnpike east to Exit 326
- Exit 326 for Valley Forge **Use the right side of the tollbooth
- Turn Right at N. Gulph Road immediately after the tollbooth
- Travel on N. Gulph Road (1.8 miles)
- Park entrance is on the left at the Route 23 traffic light

From Pottstown and Reading PA, and points northwest, via US 422 east:
- Exit at Route 23 west
- Turn right at the exit ramp and merge to the center lane
- Park entrance is straight ahead
Directions to Washington's Headquarters

From Philadelphia, New Jersey and points Southeast, via I-76 Schuylkill Expressway West:
• I-76 Schuylkill Expressway West to Exit 328A
• Stay Right and merge onto US 422 West
• Take Valley Forge exit onto Route 23 West
• Turn left at top of ramp
• Turn Right at the first set of traffic lights (Route 23 West)
• Continue approximately 2.2 miles along Route 23 West
• Entrance road for George Washington's Headquarters is on the Right; Follow the signs to parking

From Baltimore, Wilmington, DE, and points southeast, via US 202 north:
• US 202 North to US 422 West
• US 422 West to Route 23 West (1.8 miles)
• Turn left at top of ramp
• Turn Right at the first set of traffic lights (Route 23 West)
• Continue approximately 2.2 miles along Route 23 West
• Entrance road for George Washington's Headquarters is on the Right; Follow the signs to parking

From New York and points northeast, via the Pennsylvania Turnpike:
• I-276 Pennsylvania Turnpike West to Exit 326
• Exit 326 for Valley Forge **Use the right side of the tollbooth
• Turn Right at N. Gulph Road immediately after the tollbooth
• Travel on N. Gulph Road (1.8 miles)
• N. Gulph Road merges into Route 23 West at park entrance
• Continue approximately 2.2 miles along Route 23 West
• Entrance road for George Washington's Headquarters is on the Right; Follow the signs to parking

From Harrisburg and points west, via the Pennsylvania Turnpike:
• I-76 Pennsylvania Turnpike East to Exit 326
• Exit 326 for Valley Forge **Use the right side of the tollbooth
• Turn Right at N. Gulph Road immediately after the tollbooth
• Travel on N. Gulph Road (1.8 miles)
• N. Gulph Road merges into Route 23 West at park entrance
• Continue approximately 2.2 miles along Route 23 West
• Entrance road for George Washington's Headquarters is on the Right; Follow the signs to parking

From Pottstown and Reading PA, and points northwest, via US 422 east:
• Exit at Route 23 West
• Turn Right at the exit ramp and merge to the center lane
• Turn Right at the first set of traffic lights (Route 23 West)
• Continue approximately 2.2 miles along Route 23 West
• Entrance road for George Washington's Headquarters is on the Right; Follow the signs to parking
Washington's troops arrived December 19, 1777, over Gulph Road from Gulph Mills.
Photo Release Form

I hereby grant the National Park Service permission to use my likeness in a photograph in any and all publications for Government or nongovernment purposes, including web site entries, without payment or any other consideration in perpetuity. I understand and agree that these materials will become the property of the National Park Service and will not be returned.

I hereby irrevocably authorize the National Park Service to edit, alter, copy, exhibit, publish or distribute this photo for purposes of publicizing the National Park Service’s programs or for any other lawful purpose. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photograph.

I hereby hold harmless and release and forever discharge the National Park Service from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization.

I am 18 years of age or older and am competent to contract in my own name. I have read this release before signing below and I fully understand the contents, meaning, and impact of this release. I agree to indemnify and hold the Government harmless for any and all losses, claims, expenses, suits, costs, demands and damages or liabilities on account of personal injury, death, or property damages of any nature whatsoever and by whomsoever made, arising out of the photographed activities in which I am taking part.

Signature/Date

Printed Name/Date

Address

City State Zip Code

Phone

If the person signing is under age 18, there must be consent by a parent or guardian, as follows:

I hereby certify that I am the parent or guardian of ______________________________________________, named above, and do hereby give my consent without reservation to the foregoing on behalf of this person.

Parent or Guardian’s Signature/Date

Parent or Guardian’s Printed Name/Date

Privacy Act Statement: This information is provided to comply with the Privacy Act (PL 93-579). 5 U.S.C. 301 and 7 CFR 260 authorizing acceptance of the information requested on this form. The data you furnish will be used only to provide the National Park Service with contact information pertaining to this release form.

EXPERIENCE YOUR AMERICA™

The National Park Service cares for special places saved by the American people so that all may experience our heritage.
CONTACTING DISCOVERY CAMP
Jessica McDermott, Camp Manager ........................................ 215.448.1133
Charles Muhler, Camp Supervisor .......................................... 215.448.1108
Museum Security .................................................................. 215.448.1311

In the event of an Emergency, please ask Museum Security to page Discovery Camp over the walkie talkie.

Discovery Camp Email: .............................................. discovery.camp@fi.edu
Discovery Camp Website: ................................................ www.fi.edu/Discovery
Discovery Camp Facebook page: .................. http://www.facebook.com/fi.discoverycamp

CAMP HOURS
Early Care 8:00-9:00 AM
Regular Drop-off 9:00-9:15 AM
Regular Pick-up 4:00-4:15 PM
Late Care 4:15-5:30 PM

On the first day, the Discovery Camp at Valley Forge drop-off and pick-up location is at the Education Center in the upper Visitor Center parking lot. Please be sure to bring photo ID for pick up.

OPEN HOUSE
Join us on August 22nd for a special evening of Discovery Camp programming at The Franklin Institute, 222 N. 20th Street, Philadelphia, PA 19103.